

Pediatrician: It is time to get your flu shot, especially children

Posted: Oct 01, 2013 5:40 PM CDT

Updated: Oct 01, 2013 6:21 PM CDT

By WAFB Staff - [email](#)



Updated: Thursday, October 3 2013
BATON ROUGE, LA (WAFB) -

A local pediatrician says children are the main source for the spread of the flu, so she is urging parents to get their children vaccinated.

"It's a miserable, miserable disease. I've seen children die from flue and complications," said pediatrician Robert Vicari.

The East Baton Rouge School System started their flu vaccinations Tuesday, offering the flu mist or the shot. Because teenagers are so social and active, medical staff say they are concentrating on immunizing middle and high schoolers; but the vaccination is available on all school campuses with parent permission.

Copyright 2013 [WAFB](#). All rights reserved.

Retrieved on 10/03/2013 from <http://www.wafb.com/story/23583691/it-is-time-to-get-your-flu-shot-especially-children>